

Miami's First: Spring Dragon Boat Camp

May 1-3, 2007

Miami Dragon Boat Club
Key Biscayne, FL

Get fit, have fun & enhance your paddling skills with expert coaches and modern facilities in beautiful Miami, Florida. Breast Cancer Survivor Crews especially welcome.

Location

The Miami Training Camp is located at the Miami Rowing/Dragon Boat Training Club in Key Biscayne, Miami, Florida. Facilities include clean, calm protected water, shower facilities, banquet/lunch area overlooking the beach, team meeting space...and a billion dollar view of Miami.

Program

Our expert coaches will conduct 2 daily morning on-water training sessions plus provide individual video analysis.

- 3 Day Morning Camp
- 2 sessions daily
- Camp finishes daily at 1:30 p.m. (Free time after 1:30)
- Friday: Off all day. Enjoy what Miami has to offer.
- Saturday: Put your skills to the test at the Miami Hong Kong Dragon Boat Festival (additional crew fee).

Accommodation

Book your accommodation through the Miami Overseas Chinese Association. Stay in the exclusive Brickell area, a 7 minute walk from the Festival Race Site. Special Camp and Festival rates of \$95.00 per suite per night. Suites can accommodate 3-5 people.

Dragon Boat Camp Registration Fee (USD)

Individual Rate	Crew Rate	
\$90.00	\$1600.00	
\$65.00	\$1200.00	Breast Cancer Survivor Crew Rate

Brought to you by the Miami Dragon Boat Club

www.miamidragon.com

Contact:

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Crew Registration Form

Contact Name:	
Address:	
Phone #:	Email:
Crew Name:	

Captain Signature: _____

Registration Fees

Crew Rate \$1600.00	BCS Crew Rate \$1,200.00
Individual \$90.00	Individual \$65.00

Please tell us a little bit about your crew and what is expected from the camp:

(use additional sheet if needed)

Send check or money orders to:

Miami Dragon Boat Club
Camp Registration
2340 N.W. 27th Ave
Miami, FL 33142



NOTE: Participants in this program should be prepared for a rigorous paddling program, requiring physical exertion. You are advised to seek the advice of a physician if you have any concerns about your physical capacity.

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Individual Registration Form

Name:	D.O.B:
Address:	
Phone #:	Email:
Home Crew Name:	
Years Experience:	Paddle: Right Left <small>Circle one</small>
Medical/Physical Concerns:	

Registration Fees

Crew Rate \$1600.00	BCS Crew Rate \$1,200.00
Individual \$90.00	Individual \$65.00

Please tell us a little bit about you & your crew experience as well as expectations from the camp:

(use additional sheet if needed)

Send check or money orders to:

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